CHARNWOOD U3A UPDATE - MAY 2017

A warm welcome to our **new members.** We hope you will soon be involved in U3A activities and making new friends. To access the members' area of **our website www.charnwoodu3a.org.uk** you will need the user name and password which are bottom left and bottom right on the back of your membership card.

Aims and Guiding Principles of the U3A Movement

2. To demonstrate the benefits and enjoyment to be gained and the new horizons to be discovered in learning throughout life.

3. To celebrate the capabilities and potential of older people and their value to society.

Chairman's Chat

I thought that we could manage two of the Principles of our U3A movement this time. They certainly seem to me to be at the heart of what we do - and my particular 'hobby horse' is covered by No. 3.

I am writing this as we round Cape Finisterre and into the English Channel to disembark tomorrow in Southampton.

Charnwood U3A has seemed very far away at times and I am looking forward to seeing all my U3A friends again and taking part in the groups I belong to.

We have had a wonderful holiday with lots of new sights and experiences. I love England in the Spring and after the dry deserts of UAE and Jordan I shall really appreciate the green-ness of home.

I hope to see many of you at our May monthly meeting. As you know, we don't have a June meeting or Update so I hope you will enjoy some summer weather before we meet again in July. *Helen*

Monthly Meetings at Charnwood College

Meetings start at 3.15pm. All members and prospective members are welcome.

Those who were at the monthly meeting in April were present at a superb talk by Professor Gordon Campbell on the King James Bible, which was entertaining and good-humoured as well as being extremely informative: not just about the history of that version but also about the language for reading and how many of our stock phrases came from it.

On May 10th Air Ambulance pilot, John Nowell, will show us the sights of Leicestershire that he sees from the air. He promises an illustrated talk and the opportunity to purchase his book of photographs. Altogether a different perspective.

As is our tradition, there will not be a monthly meeting in June but we will be back at Charnwood College at 3.15 pm on Wednesday 12th July for Anne Halsey. She has spent years supporting families at times of bereavement but, as in any job, there are lighter moments. She will talk to us on "The funny side of funerals".

All members and potential members are welcome to attend the monthly meetings free of charge. *Neil Rowbotham*

There is plenty of parking available at the college including overflow parking sign-posted at the rear of the Sports Hall. ***However, Charnwood College remind members not to arrive for monthly meetings before 2.30 pm.***

NB – Remember there is no monthly meeting in June, and no issue of Update.

Coffee Morning
The next open Coffee Morning open to all members will take place at the Tesco Store on Park Road, 10 - 12 noon, on Tuesday, 16th May – everyone is welcome to pop in for a chat.

Activity List
There is an up-to-date Group Activities sheet on the Members' Area of the CU3A website www.charnwoodu3a.org.uk.

GROUP NEWS

Book Group 1
Book Group 1 has room for two new people to join us. We meet in Loughborough on the second Wednesday of the month at 2:00pm. If you are interested please contact me by email at [redacted] or by phone [redacted] We will be very pleased to hear from you. *Joan Murray*

Classical Music Enjoyment Group: meets this month on Wednesday 24th May from 2pm to 4pm at Loughborough Lawn Tennis Club, Ingle Pingle, off Forest Road, Loughborough, when the programme will be a "Bring Your Own" session. Any enquiries about the Group to Martin Jones, Group Leader [redacted]).

Days of Interest Group Trips – July and August 2017
We have a small number of spare spaces on our July trip to Southwell and our August trip to Ironbridge.

On **Saturday July 15th** we are visiting **Southwell.** We will first visit the Minister area of Southwell where, in addition to the Minster, there are many local shops, cafés and a market. We then move on by coach to the Workhouse (NT), the most complete now in existence. From there we go to Reg Taylor's Garden Centre, complete with swan sanctuary and 9 acres of parkland.

The cost is £9 per head for National Trust members and £17 for non-members. We will leave Nanpantan Sports Ground at 09:00 am.

On **Saturday 19th August** we are visiting **Ironbridge** museum. We are making three stops. Firstly at Coalbrook Museum of Iron – to find out about history of iron. On to Blists Hill, a recreated Victorian Town, with its cottages, shops and places of work. Finally the Coalport China museum, with its displays and demonstrations. There is optional lunch at Blists Hill

The cost is £28 per head, plus an optional lunch if required. We will leave Nanpantan Sports Ground at 08:00 am.

Please note you must be a member of U3A to join us on any of our trips. If you are interested in either of these trips please contact Jill Strachan, on [redacted] or [redacted]

History 2
Wednesday May 24th there will be a talk by Patrick Neal "The Mountsorrel Heritage Railway" at 10 am in **THE SIXTH FORM CENTRE** at Charnwood College. Please note the change of venue, but still park in the usual car park.

Thursday June 22nd - Car share outing to Middleton Hall, near Tamworth, joint outing with Architecture Group. Details to follow nearer the date but note this visit is a Thursday and not the usual 4th Wednesday. *Brenda Feeney*

Lunch Club 4
A reminder that Rita Markham-Lee has kindly offered to help to get this organised, so in the first instance please contact Rita, [redacted], to find out more.

Local History Group

On 21st May we, amongst many other exhibitors, are having a stall at the 'Charnwood Roots Heritage Festival' at Beaumanor Hall on 21st May *(see item below)*. This is a free event open to the public, with both exhibitors and a programme of talks and workshops. As you can imagine it attracts many people.

Our stall will have our U3A programmes to show what topics the local history group has covered over the last few years plus some photos and information from some of our in-house talks. Last year I found the festival a super place to 'network' and find a host of speakers for future programmes. *Anne Speight*

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Charnwood Roots Heritage Festival, Beaumanor Hall

When? Sunday 21st May 2017, 10am-4pm.

To celebrate the history of Charnwood Forest, Charnwood Roots will be staging a free heritage event at Beaumanor Hall. Everyone is welcome, whether you're interested in Charnwood's past, or simply want a good day out.

Tour the exhibition, which tells the fascinating stories of Charnwood's residents over the past thousand years. See documents and artefacts unearthed during the project. Inspire and engage your children with games, dressing up, and adventures based on Charnwood's exciting history. Hear talks by guest speakers throughout the day.

Learn how you can get involved with local history and archaeology groups in your area.

More details at www.charnwoodroots.org.

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Useful website addresses

National U3A Organisation (Third Age Trust): www.u3a.org.uk
The Association of East Midlands U3As: www.eastmidlandsu3as.org.uk
Leicestershire and Rutland Network: www.landru3a.org.uk
Charnwood U3A: www.charnwoodu3a.org.uk

Items for Update

The deadline for sending items for publishing is the last day of the previous month. However, there will be no issue of Update in June.

The next issue of **Update Extra** will be published in July and the deadline for items is **Friday 30th June**. We are looking for interesting items from the Groups for this issue. There is a limit of around 500 words per item, and photos are welcome. The Editor reserves full editorial rights as to length and suitability and the Editor's decision is final. Update Extra is published quarterly.

Please send your contributions to: **newsletter@charnwoodu3a.org.uk** or to Update Editor Linda Lawson, [redacted]. Please try not to leave it until the last minute if at all possible!!

Update is sent to all Charnwood U3A members by e-mail or by post before the monthly meeting. It is also available to read on the Charnwood U3A website each month at **www.charnwoodu3a.org.uk** (you will need the user name and password which are bottom left and bottom right on the back of your membership card). Thank you!

WALKING GROUPS ARE LISTED OVERLEAF

WALKING GROUPS

In the first instance, please contact the Walking Groups Co-ordinator Elizabeth Steel [redacted].

Strollers and Amble Groups
Details of next walks will be sent out on e-mail. Chris Brown, [redacted]

Moat Road Walking Group
The Moat Road Strollers will leave the Moat Road Car Park for a gentle 5-mile walk at 10.00 on the first Tuesday of the month. Grid Reference for Moat Road is SK52488 17493. Post Code LE11 3PN.
If you would like join this group please email Elizabeth Steel at [redacted]

Tuesday 6 Plus Walking Group
16th May - Rose & Crown, Tilton on the Hill. Ref SK743056. Postcode LE7 9LF. Leader Cliff.
20th June - Blue Bell, Hoby. Ref SK670175. Postcode LE14 3DT. Leader Martyn.
Enquiries to Mike Pearson [redacted]

'Les Sportives'
Enquiries to Janet Butlin [redacted]

Little Xtras
These are the U3A Little Extras scheduled walks for May; 2nd and 4th Thursday of the month starting at 10.00am as usual.

May 11th – "Soar Saunter". Meet at the "Royal Oak", Rothley LE7 7PF, SK584127 (by the green). A short bus ride to Belgrave (so bring your bus pass) followed by return walk along the River Soar via Watermead. Leader – Graham Cooper.
Note: Car park at the pub - do not park around the green since parking is restricted to one hour only.

May 25th – "Groby Gander". Meet at the "Stamford Arms", Groby, LE6 0DJ, SK524075. A walk via Martinshaw Wood and Newtown Linford. Leaders – Dave and Kate Watson.
Note: There is a large car park over the road which people can use for free, despite the sign. Delicious faggots too, apparently J.

Any questions, please contact Malcolm Otter on [redacted]

Saturday 5+ Miles
6 May - Ratby, Burroughs Wood car park. Leader Sue.
3 June - Staunton Harold Reservoir main car park. Leader Steve.
1 July - Cossington, church car park. Leader Sue.

Enquiries to Sue Griffiths [redacted]

10+-Mile Walk
6th June - (This walk will start at 10.30 am as journey time is 90 minutes approx via Ashbourne). Leader: Malcolm Otter. Meet at The Roaches car park(s) using the nearest lay-by to SK004621 just after the gate next to the bus stop area. Access via Upper Hulme from the A53 going from Leek towards Buxton. Lunch will be at The Ship Inn in Danebridge.

4th July - Leader: Norman Carrick. Walk will start at 10.00am from outside St Mary Church on Main Street, Queniborough. Parking is usually difficult in Queniborough so try to find a lay-by parking place between The Brittania Inn and the church. If parking proves difficult, park at the Village Hall car park off Rearsby Road, but allow 20 minutes to walk to the church in time for the walk start. Lunch will be at the Bluebell Inn, Hoby.
Enquiries to Peter Mill [redacted]. We advise new members to make contact before joining a walk.